

**WE ARE AN OFFICIAL
LOCATION FOR**



2024 INFO PACK



**IT'S TIME TO GET
MOVING**



OUR PROGRAMS



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READY SET DANCE is a one hour combo class of JAZZ, TAP, HIP HOP, SINGING and MUSIC. Designed for both boys and girls, aged 2-5 years old, the program focuses on teaching the fundamentals of dance while developing confidence, coordination and creativity in a professional and safe environment.

JAZZ - Develop muscle strength, control and balance and achieve coordination milestones like skipping before going to school.

HIP HOP - Bust out some ice cold moves just like FREEZE to our original hip hop tracks.

MUSIC - Develop the musical ear, dynamics and tempo while having fun with instruments and the parachute.

SINGING - Sing like TWIRL and build confidence singing on the microphone.

TAP - Learn the fundamentals of tap in a playful and creative way splashing in puddles and shuffling like a penguin.

All these ingredients together create a super hour of fun!



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READY SET BALLET is 30 minute magical ballet experience for 2-5 year olds where they learn the fundamentals of classical ballet.

MUSIC - Engage in specifically designed music that captures the beauty of classical ballet

CURRICULUM - Develop coordination, body awareness, strength and flexibility both through visual and auditory instruction.

MIME - Explore creativity and gain confidence by going on a picnic with FREEZE and TWIRL, riding the tutu train to storybook lane and so much more.

THEMED DANCES - Learn the beautifully themed dances that have music prompts to support preschooler's playful participation.

PROPS - Have fun twirling with rainbow ribbons, swaying with feathers and popping bubbles. These resources support tactile awareness and strengthen fine motor coordination and control.

**CONFIDENCE,
COORDINATION
AND
CREATIVITY.**

OUR PROGRAMS



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READY SET ACRO is a collaborative acrobatic program developed with Industry Leader Acrobatic Arts, specifically designed for preschoolers, aged 2-5 years. It emphasises safe and effective progressions to foster the physical and social skills needed for healthy early childhood development.

The program is developed with original music with lyric cues and focuses on three key components: Stretch, Strength, and Skills.

STRETCH - Enhance flexibility and range of motion in the major muscle groups.

STRENGTH - Engage in a variety of exercises and progressions that build physical strength and control.

SKILLS - Preschoolers develop their social literacy and build confidence as they explore a range of AcroDance movements, and safe progressions.



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READY SET MOVE is a creative movement and music class for toddlers from walking to 3 years of age, and their grown up. The class consists of 3 sections - ENGAGE, EXPLORE AND EXPRESS.

The **ENGAGE** section is a playful exploration of music, nursery rhymes, lap play and parachute fun.

The **EXPLORE** section is set up as a circuit around the room with obstacles like stepping stones, tunnels and sensory activities designed to encourage investigation and build coordination skills.

The **EXPRESS** section of the class involves free dance movement which develops creativity with instruments, feathers and bubbles.

Join our community and learn new ways to interact with your toddler. Children at this age are in the period of highest brain growth and development in their lifespan.

Participating in READY SET MOVE with the support of a grown up can make a significant contribution to play, development and learning. So come and bounce like a bunny, be slow like a sloth and create memories with your special little mover.

INDIVIDUAL CLASS PRICES


A \$45 registration fee applies for each student.
Prices below are per 10-week term.



\$18/class

1 hour class

2-5 year olds



\$14/class

30 min class


2-5 year olds



\$14/class

30 min class

2-5 year olds



\$13/class

45 min class

Walking - 3yrs

5x class pass \$75

PACKAGE & SAVE

TWIRL PACKAGE

TWO CLASSES

\$28/week

1 hour class
+
30 or 45 minute class

BEST VALUE!

STAR PACKAGE

THREE CLASSES

\$39/week

1 hour class
+
30 minute class
+
30 or 45 minute class

FREEZE PACKAGE

TWO CLASSES

\$24/week

30 minute class
+
30 or 45 minute class



TIMETABLE



| READY SET DANCE (1-5 years) | | |
|---|--|--|
| <p>MONDAY</p> <p>9.00am READY SET BALLET</p> <p>9.30am READY SET DANCE</p> <p>10.30am READY SET ACRO</p> | <p>TUESDAY</p> <p>★ ★ ★ ★ ★</p> <p>9.45am READY SET MOVE</p> <p>★ ★ ★ ★ ★</p> |  <p>Avenue D Performance Studio - Gladesville</p> |
| <p>WEDNESDAY</p> <p>★ ★ ★ ★ ★</p> <p>3.30pm READY SET DANCE</p> | <p>THURSDAY</p> <p>9.30am READY SET BALLET</p> <p>10.00am READY SET DANCE</p> <p>11.00am READY SET ACRO</p> | <p>SATURDAY</p> <p>8.00am READY SET BALLET</p> <p>8.30am READY SET DANCE</p> <p>9.30am READY SET ACRO</p> |
|   <p>FOR MORE CLASSES VISIT www.avenued.com.au</p>   | | |

TERM DATES

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

Term 1: Monday 5 February - Saturday 13 April*

Term 2: Monday 29 April - Saturday 6 July

Term 3: Monday 22 July - Saturday 28 September

Term 4: Saturday 12 October - Saturday 14 December

* There will be no classes on 29-31 March due to Easter.

Please note we will continue READY SET DANCE class options during school holidays as we know consistency is most important with this age group!



AVENUE D PERFORMANCE STUDIO

15/43 College Street, Gladesville

dance@avenued.com.au

0408 252 458



UNIFORMS



UNIFORM

All READY SET DANCE, READY SET BALLET, READY SET ACRO and READY SET MOVE students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be purchased from Avenue D.



TUTU FRILL DRESS
\$50



CROSS OVER
\$45



T SHIRT
\$25



SHORTS
\$30



STOCKINGS / LEG WARMERS
\$12



HAIR ACCESSORIES
\$8



SOCKS
\$6



JACKET
\$55



TAN JAZZ SHOES
\$40



TAN TAP SHOES
\$45



BLACK JAZZ SHOES
\$40



BLACK TAP SHOES
\$45

WINTER PACKAGE

\$60

CROSSOVER
LEG WARMERS OR
STOCKINGS
SOCKS
1x HAIR ACCESSORY

ACCESSORY PACKAGE

\$55

CROSSOVER
SOCKS
1x HAIR ACCESSORY

BOYS PACKAGE

\$82

JACKET
CREW SOCKS
BAG

FULL ACCESSORY PACKAGE

\$85

CROSSOVER
LEG WARMERS OR
STOCKINGS
SOCKS
1x HAIR ACCESSORY
BAG



COORDINATION

The carefully sequenced and playful program develops physical **COORDINATION**, the **COORDINATION** of the senses, the coordination of mental processes and language and the **COORDINATION** of social connections.



CONFIDENCE

Regular and sustained participation in **READY SET DANCE** classes helps children to develop their **CONFIDENCE** as they try new things, practice and consolidate existing skills and experience success and mastery.



CREATIVITY

Children are encouraged to use their **IMAGINATIONS**, to think divergently and to explore their own **CREATIVE** responses to the invitations within dance, music and drama.



FAQ'S



Can I watch my child's classes?

In our experience preschoolers are able to concentrate better without the distraction of other noise in the room from parents and other siblings. Our program has been endorsed by leading child care experts who support the independent learning model. As preschoolers participate in classes they have the opportunity to develop additional secure attachments with adults (teachers) and peers. This helps them transition positively into the larger world and helps with school readiness.

Having said that, a lot of children are timid at first and need to know that a parent is close by. Our program allows parents to watch the first class if necessary to help them adjust.

Are your teacher's qualified?

All teachers have their Working with Children Check and follow the program that is endorsed by early learning experts. READY SET DANCE teachers are required to gain their accreditation from READY SET DANCE head office before delivering the program.

Do we need to purchase uniform and shoes?

Students must wear the READY SET DANCE uniform. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothes and sneakers are fine for the first couple of lessons. Once your child has settled you can purchase the official READY SET DANCE uniform at reception which we are sure you will love.

What is watching day?

Watching day is where parents get to view their child dance as an audience in the classroom. It's a chance for your child to begin their first step to working on their performance skills.

If we miss a class can it be made up on another day of the week?

You may swap days during Terms 1, 2 and 3 if you miss a class (as long as the make up class is not full). In term 4, each class works on a different routine for the end-of-year concert, and it is too confusing for students to be swapping days. We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to dancing.

How can I experience READY SET DANCE at home?

READY SET DANCE airs every day on Nick Jr at 10am. You can also catch us on YouTube and the Nick Jr Play App. The Show has been so popular that it is now airing in 120 countries all over the world. Preschoolers love to dance along to their favourite songs from the TV show in their classes every week.

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